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EX 89

## Cooperative Extension Work in Agriculture and Home Economics.

U. S. DEPARTMENT OF AGRICULTURE  
AND STATE AGRICULTURAL COLLEGES  
COOPERATING.

STATES RELATIONS SERVICE,  
OFFICE OF EXTENSION WORK, SOUTH.

FARMERS' COOPERATIVE EXTENSION WORK.

Washington, D. C.

### SUGGESTIONS FOR MAKING BOOKLET.

APR 2 1917

U. S.

#### To Canning Club Girls:-

In your daily record book you have been keeping the crop record and business accounts of your garden. The summary at the end of this book will give the information necessary to grade that part of your work called "business showing" so you see that this record book is important and has two places in the score.

The purpose of this letter is to help you to make a pretty booklet in which you tell in your own words the story of your gardening, canning and preparation of vegetables for the table. Your teacher and county agent will help you to learn how to make this booklet.

I. THE COVER. A good size for this is 9" X 12". It will be prettier made of tinted paper in some quiet neutral tone than if white. Let the cover be heavy enough to protect the book and about  $\frac{1}{2}$ " longer and wider than the pages within. The design may consist only of neatly lettered title, date, and your name, or may include decorative lines or some figures suggested by your garden. Colored crayon of soft contrasting color, water color or ink may be used. Be sure to keep your design very simple. The pages may be tied in with cord, raffia, or plain narrow ribbon in a shade harmonizing with the cover.

II. THE ILLUSTRATIONS. Drawings of your own with pencil or crayon showing plants or fruits from your garden, hotbed, cold frame, tools used, insects, canning apparatus etc, pictures or photographs of your work will make your book very interesting. Some of the most attractive books are made of unruled paper and have drawings on the margin or between paragraphs just where the story needs them.

III. THE STORY. Tell it in your own words writing neatly with ink. Let it include these topics and any other interesting things you want to write:-

1. Why I joined the Canning Club.
2. Description of my garden, size, location, kind of soil, why selected.
3. Preparation of soil, best way of doing this and reasons for same.
4. The fertilizers used, kind, quantity, and when applied.
5. How tomato plants were grown, including hotbed and cold frame making, transplanting, etc.
6. Cultivation, pruning and staking of plants.
7. Insects and diseases which attacked my garden, how I fought them.
8. The harvesting of tomatoes, how to grade, pack and market.
9. Description of other vegetables grown on my tenth acre.
10. How I did my canning, preserving, etc.; the girls' club label and meaning of the emblem.
11. Some of the good times our club has had at meetings, etc.
12. What I have learned about the use of vegetables, cooking and serving them; some recipes I have used.
13. A brief account of yield in pounds, how many vegetables used at home, sold fresh, canned, fruits canned.
14. Cost of work, receipts and profit on one tenth acre.
15. The ways in which the Club Work has helped me.

Sincerely yours,

MARY E. CRESWELL,

ASSISTANT IN HOME DEMONSTRATION WORK.

